

## Q & A - School Wellness Recognition Program

### 1. I am a parent can I apply on behalf of my local school?

Yes, as a **PTA** parent you can apply for this recognition, however, it is very important to involve your schools administration and school wellness team.

### 2. We have successful programs in healthy eating, physical activity and tobacco-free do I apply separately for each of these programs?

No, if you have several successful programs, this will make your application stronger. In order to receive a Gold award you must have programs or activities in at least two categories. A platinum award goes only to schools that have programs or activities in all three categories. If you do not have programs in all three you are encouraged to apply as receiving recognition can serve as a motivation to your school community to continue expanding successful school wellness programs.

### 3. I am not sure what you mean by Coordinated School Health, is there a good resource for me to review?

There are many resources to help you understand Coordinated School Health; here are two web links from the American Cancer Society and Centers for Disease Control.

<http://www.cancer.org/Healthy/MoreWaysACSHelpsYouStayWell/SchoolHealth/UnderstandingtheCoordinatedSchoolHealthProgram/understanding-the-coordinated-school-health-program>

[www.cdc.gov/healthyyouth/cshp/index.htm](http://www.cdc.gov/healthyyouth/cshp/index.htm)

### 4. In the application it refers to assessment tools, where can I find information regarding these tools?

Any of these assessment tools can help your School Health Wellness Committee identify its strengths and areas of needed improvement.

*School Health Index* was developed by the Centers for Disease Control; here is the web link to this resource - [www.cdc.gov/healthyyouth/cshp/index.htm](http://www.cdc.gov/healthyyouth/cshp/index.htm)

The *Healthy School Report Card* was developed by the ASCD (Association of Supervision and Curriculum Development, here is a link to information regarding this tool – [www.ascd.org](http://www.ascd.org)

*Changing the Scene – Improving the School Nutrition Environment* was developed by the U.S. Department of Agriculture; here is the web link to this resource - <http://www.fns.usda.gov/TN/Resources/changing.html>

### 5. When is the application due?

The application is due electronically by March 30, 2012.

### 6. When will be notified if our school will be receiving recognition?

Schools are recognized each year at the Annual State-wide PTA Convention, you should hear shortly before this event.