



## AT SCHOOL FATHERS CAN

- Serve as mentors
  - Serve as tutors
  - Listen to students read
  - Play games at recess
  - Monitor the halls
  - Work with disabled students
  - Help prepare assembly programs
  - Discuss aspects of safety
  - Assist teachers in gathering resources for units of study
  - Assist in science and mathematics laboratories
  - Assist in the computer lab
  - Have lunch with your student
  - Share collections and discuss careers, travels, hobbies, and other areas of special knowledge
  - Assist teachers in academic subject matter areas
  - Supervise students who are taking tests
  - Help supervise playground and lunchroom activities
  - Assist students in boarding buses
  - Assist with after-school activities
  - Serve on the School Crisis Team
- Dads For Education Program, Jefferson County Public Schools, Louisville, Kentucky



## FATHERS CAN BE INVOLVED IN A CHILD'S EDUCATION

- Be a role model
- Take an active interest
- Meet the teacher
  - Ask about classroom expectations
  - Know when school starts/ends
- Introduce yourself to the principal
  - Ask about school expectations
- Create goals with your child
- Create expectations with your child
- Attend parent conferences
- Talk about school
  - Friends, lessons, attendance, feelings
- Make homework a priority
  - Have child follow a routine
  - Give help if needed
  - Review the work
  - Set a good example
- Speak positively about school
- Speak positively about learning
- Talk about choosing classes
- Join the PTA
- Attend school and PTA meetings
- Serve on school or PTA committees
- Adjust your work hours if you can
- Attend special events at school



## FUN ACTIVITIES

- Enjoy water activities
- Cook
- Work on computers
- Play games
- Work in the garden
- Play math games
- Watch movies
- Do crossword/jigsaw puzzles
- Kick back on swings
- Read together
- Listen to music
- Do a science project
- Create a hobby
- Build a model
- Build things together
- Together go:
  - Bicycle riding
  - Fly kites
  - Out to eat
  - Bowling or skating
  - On outings or camping
  - To the library
  - Hiking or for walks
  - Play cards, chess or checkers
  - Swimming or fishing
  - To a park
  - Shopping



## FATHERS CAN TEACH THEIR CHILDREN

Talk about values, being responsible,

Respecting others

Teach your child

New skills

How to have fun

How to be safe

About reaching goals

About having patience

About working as a team

How to have a routine

About having good work habits

Share your skills and interests

Use TV wisely and limit TV activities

Watch with the child

Know what the child is watching

Talk about what you see

Ask questions/share opinions



## SEVEN SUPER THINGS FATHERS CAN DO...

- 1 Talk often with your children from the day they are born.
- 2 Hug them, hold them, and respond to their needs and interests.
- 3 Listen carefully as your child communicates with you.
- 4 Read aloud to your children every day, even when they are babies. Play and sing with them often.
- 5 Say “yes” and “I love you” more than you say “no” and “don’t.”
- 6 Ensure a safe, orderly, and predictable environment, wherever they are.
- 7 Set limits on their behavior and discipline them calmly, not harshly.

*Early Childhood Head Start Task Force  
U.S. Departments Of Education And Health & Human Services*

## CHARACTERISTICS OF GOOD FATHERS

While each father is a unique person who parents in his own style, there are some characteristics that “good” fathers have in common:

**Involvement**  
**Unwavering Love**  
**Support**  
**Consistency**  
**Discipline**

