



## **PTA volunteers & jump rope donations needed CAHPERD & California Schools to break Guinness World's Record for the “most people jumping/skipping rope at the same time”**

All Parent Teacher Associations/members are encouraged to both volunteer and provide donations for jump-ropes, supporting schools throughout California in breaking the Guinness World's Record for the “most people jumping/skipping rope at the same time!”

On Monday, February 1, 2010, at 9 am, the California Association for Health, Physical Education, Recreation & Dance (CAHPERD) will be leading Californians in schools, nonprofit organizations, businesses, service organizations and clubs, in a mass attempt to break the Guinness Record. The current record is held by Australia (59,000 people). For at least 10 minutes and coordinated via live webcast, CAHPERD hopes that 80,000 Californian school children will skip rope at the same time to break Australia's record.

However, to break the record, Guinness requires every participant to have his or her own rope – no sharing or using long ropes. Therefore, donations for special, commemorative jump-ropes are needed as soon as possible. PTAs, schools and individuals may purchase the special, commemorative jump-ropes (featuring the CAHPERD and Guinness World Record logos), at very low cost through the CAHPERD website: [www.cahperd.org](http://www.cahperd.org). Jump-ropes are available for \$2.50 each; or \$2 each for orders over 200.

Additionally, volunteers are needed to support the coordination of schools, community organizations, and others, in participating in the mass attempt. This will require the volunteer site coordinators to work with schools, participate in bi-monthly conference calls, and attend at least one Jump Event Training Workshop (or participate in a training webinar) between now and January 15, 2010. The volunteers will be provided a “how-to” manual they can download from the CAHPERD website: [www.cahperd.org](http://www.cahperd.org). They will also have access to purchasing the low cost, commemorative jump-ropes and event T-shirts or polo shirts, as well as instructional videos on basic rope skipping skills, motivational materials, and more!

As CAHPERD hopes to engage every California school in this effort, each school and school district will need volunteers to coordinate and organize their site's Event implementation with their volunteer school site team. University and High School students, adults and other volunteers are encouraged to work with elementary and other schools, Scout troops, after-school programs, day care centers, senior centers, church groups, colleges, etc., to participate in this record attempt.

Volunteers are also needed to conduct fundraising events to purchase much-needed jump-ropes for this effort (at least 80,000), as well as to underwrite schools/participants that cannot afford the minimum \$1.00 donation to the American Heart Association to be considered a record participant.

Volunteers are invited to use this mass attempt as a potential fundraising opportunity for regional schools and nonprofit organizations. Individuals and groups may purchase from CAHPERD commemorative jump-ropes and shirts “at cost,” and then sell them to parents and community members at a profit to benefit their favorite charities.

Technical volunteers are needed to help plan and implement the mass, live webcast between hundreds of sites in California, as well as Washington D.C., and potentially Iraq (with a California military unit).

Finally, volunteers are needed to JUMP! Thousands of individuals and groups are needed to register with CAHPERD as participants at: [www.cahperd.org](http://www.cahperd.org), and then jump for 10 minutes on February 1, 2010.

CAHPERD is a nonprofit, 501C3 organization; therefore, CAHPERD can offer any and all participants and leaders community service credits for volunteer support of this event.

For further information, or to sign-up to lead or participate in this mass Guinness World's Record rope skipping attempt, please call CAHPERD at: (916) 922-3596 or check: [www.cahperd.org](http://www.cahperd.org).